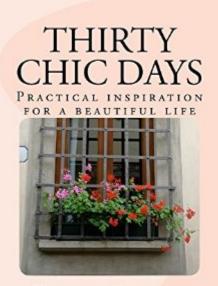
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# Thirty Chic Days: Practical Inspiration For A Beautiful Life



FIONA FERRIS



## Synopsis

Is it possible to live a chic and elegant life if you don't live in Paris, or even France? Instead of daydreaming about running away to the City of Light, 'Thirty Chic Days' invites you to put on your French-tinted sunglasses and view your everyday through an enchanting and motivating filter. Inside this book you will find thirty chapters (or 'days') full of joie de vivre sharing fun and exciting ways to bring your ideal chic life into being. 'Thirty Chic Days' is a warm, encouraging and fanciful guide on living a simple and beautiful French-inspired life. Enjoy dozens of delicious no-cost ideas and feel inspired to uplevel yourself and your surroundings in an effortless and enjoyable way. Through her popular blog howtobechic.com author Fiona Ferris provides thousands of women from all around the world with tools and inspiration to elevate the everyday from mundane to magical.Contents:Day 1 Have a Paris state of mindDay 2 Eat real foodDay 3 Bathe yourself in mystigueDay 4 Make up your eyesDay 5 Create and guard your secret gardenDay 6 Be your own French auntDay 7 Honour your body with chic movementDay 8 Be beautifully positiveDay 9 Support your signature charityDay 10 Simplify your life for abundanceDay 11 Adopt a low-drama way of beingDay 12 Curate your wardrobe like it is your own bijou boutiqueDay 13 Indulge in your femininityDay 14 Design the life of your dreamsDay 15 Cultivate serenity and calmness in your lifeDay 16 Create a sanctuary at homeDay 17 Take exquisite care of your groomingDay 18 Little and oftenDay 19 Socialise in a relaxed mannerDay 20 Be your own chefDay 21 Inspire yourselfDay 22 Build rest and repose into your daily routineDay 23 Be financially chicDay 24 Live a life of luxuryDay 25 Collect contentment in petite measuresDay 26 Make every day magicalDay 27 Embrace creativity and enjoy the benefitsDay 28 Think of your home as if it were a boutique hotelDay 29 Walk your errandsDay 30 Immerse yourself in sensuous beautyBonus Day Take inspired actionIf you enjoyed Jennifer L. Scottâ ™s â ^Lessons from Madame Chicâ ™, Tish Jettâ ™s â ^Forever Chicâ ™ or Shannon Ablesâ ™ â ^Choosing the Simply Luxurious Lifeâ ™, you will love â ^Thirty Chic Daysâ ™!

### **Book Information**

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### **Customer Reviews**

This is the latest and possibly the best (so far) of Fiona's books. As a follower of her blog posts for a long time, I have always loved her relaxed way of writing. It's like she is sitting there and chatting to me.I have read the book through in order, start to finish, and I will be returning and dipping into various days very soon. The Paris lifestyle is a focal point, however, the suggestions and ideas are available wherever you live. I honestly cannot say enough good things about this book. I am a voracious reader of Lifestyle and French Style books, there are not many I have not read, and Fiona is very much at the top of my favourites.

This is a charming book! Fiona comes across as your very chic best girlfriend and offers sound advise for the modern woman on how to make your everyday life more chic. The book can be read from start to finish, or you can pick and choose which chapter topics interest you the most and read one per day. I gained lots of new inspiration from her ideas and they made me think deeper on each subject as to why I might want to implement a change and most importantly, how to make it fun. Highly recommended!

Fiona Ferris has created a fun, motivational book for women on how to live a more joyful and chic life. Just by reading one or two chapters you will feel compelled to get up and start making changes and implementing her unique tips. Fans of her blog, How To Be Chic, will not be disappointed in this rich volume, full of chic words of wisdom.

Fiona's book is a delightful read to serve as a reminder that it is the everyday approaches to living that make a grand difference in our overall happiness. With a devoted appreciation and love for the French culture, she shares ideas that anyone can incorporate into their daily routine. With thirty

chapters, readers can go at a leisurely pace indulging in one chapter an evening before drifting off to blissful slumber or devour in a day as it is easy to want to do.

I have been a longtime fan of Fiona's blog, How to be Chic, and am so excited that she has created this wonderful guide to living well. Her book has inspired me to be the best person I can be and her gentle tone makes me want to read her chapters again and again. Her tips are smart, practical and motivational. She has me taking more walks and I even picked out a charity I want to focus on raising money for. Thank you, Fiona, for sharing your wonderful advice for chic, contented living!Adrienne Shubin

Thirty Chic Days provides a road map to living a more beautiful, authentic life. Fiona shares practical ideas for discovering how to live with more bliss and mindfulness. This is a book I will re-read often.

I, too, follow Fiona's blog and have all of her previous books. Her writing voice is strongest in this newest book. Her writing resonates so positively, I believe, because she reminds us and shows us how to savor all of the ordinary parts of our ordinary days. By Memee.

This is a glorious masterpiece by blogger and gifted author Fiona Ferris. Reading this lovely book, which is abundant with soothing inspiration and hopeful possibilites, just calms the soul. A sweet balm for anyone yearning to live and celebrate a beautiful life with simply serenity.

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